

Bulletin n.3, 18.09.2018

Five + Five days Vasto 2018

Bulletin 3 - week 40

How to reach Vasto

by bus, from Rome airports Fiumicino or Ciampino

Bus transfer is organised with the bus company DI CARLO BUS/PASSUCCI BUS.

It is a public run, it is not reserved only for orienteers.

Timetable:

Fiumicino	↓	09.00	10.15	13.00	16.15	17.35	20.00	22.00
Vasto		13.20	15.00	18.00	21.00	22.10	00.10	01.55

Buses will wait at Fiumicino airport, Terminal 3, exit door number 5.

Buses will be blue or orange, with the writing "DI CARLO BUS" or "PASSUCCI BUS".

There will be only one at a time.

They will be there 30-40 minutes before the departure time.

For those who asked for it, we pre-booked the seats.

Payment can be made on the bus - ONLY CASH!

Prices: one way 25€, with return 37€. We already informed the bus company of your return ticket.

1 hand luggage + 1 hold luggage are included in the ticket price.

Kids under 5 y.o. are free

Drivers speak English.

The buses will stop in front of hotel Excelsior, and 200m from hotel Acquario (on a safe spot on the road), and the driver can show the way to hotel Acquario.

PWT leader Mr. Zoran Milovanovic will wait for you at the Terminal 3 and help you to get on the bus. He will wear PWT clothes and hat. His mobile number is +39 392 2213592
He will join the 22.00 bus to Vasto.

In case of lost luggage, these are the addresses of the hotels:

Hotel Excelsior (also Event centre), address: Adriatica, Km 522, SS16, 226, 66054 Marina di Vasto CH

Hotel Acquario, address: Loc.San Tommaso, 66054 Vasto Marina CH

Medical certificate

We remind we will need your medical certificate, where your doctor states that you are in good health conditions for running orienteering.

You can download the template here:

<https://www.orienteering.it/wp-content/uploads/2018/09/certificate1.pdf>

Event centre and opening hours

Event centre is located in Hotel Excelsior.

Address: Adriatica, Km 522, SS16, 226, 66054 Marina di Vasto CH

Opening hours:

Saturday	29/09/18	17.00-19.00
Sunday	30/09/18	09.00-12.00, 15.00-16.00
Monday	01/10/18	10.00-12.00, 21.30-22.00
Tuesday	02/10/18	10.00-12.00, 21.30-22.00
Wednesday	03/10/18	directly at the races
Thursday	04/10/18	08.30-09.30
Friday	05/10/18	21.30-22.00

At the Event centre you will:

- Pick up your BIB number
- Handle your medical certificates if not already sent by e-mail
- Check your races info
- Finalised your payments if not done yet
- Sign GDPR (EU privacy law) forms
- Ask for further info

Contacts

Event director:	Gabriele Viale	+39 338 6138508
Secretary:	Julia Zenere	+39 346 6467774
Assistant:	Zoran Milovanovic	+39 392 2213592
PWT Leader	Jorgen Martensson	+47 482 88889

Races info

Fun - O - race, 30/09/18

On Sunday 30 Sept 2018 we'll organise a FUN-O race inside the Village "La grotta del Saraceno" <https://www.grottadelsaraceno.it/en/village-entertainment-abruzzo-facilities.html> with a fantastic seaview and an original "Trabocco" in their beach.

<https://en.wikipedia.org/wiki/Trabocco>



Bus departure from hotel Excelsior at 16.30. Stop in Acquario at 16.35 and in Vasto Marina (apartments) at 16.45.

Start FUN-O race: 17.30 (mass start)

Welcome aperitiv open to all participants!

Prize giving: 19.00

Departure buses to hotels 19.30

Entry fee: adults 5 euro, under 21 y.o. 2 euro

Parking for cars available for free

Bus transfer for free

Registrations via e-mail at: info@orienteering, within Sunday 30/09/18 at h16.00.

Vasto, 01/10/18

Bus departure from hotels to race arena 14.45

Finish will be in the Barbacani square, in front of the City Hall and the fountain.

The last control will be on the fence which surrounds the castle's trench.

Start will be in the Square Gabriele Rossetti square, on the northern part there will be the start, the triangle will be on the central monument.

From the race arena/finish, runners will follow the pathway along Corso Garibaldi Avenue.

Parkings with paid admission will be on the multi-level parking Ugo Foscolo.

Multi-level parking Ugo Foscolo coordinates: 42.112361 14.707215

Address: via Ugo Foscolo 1 Vasto CH

Race arena is at 50m from Barbacani square 42.112123

14.708241

From arena to start: 100m

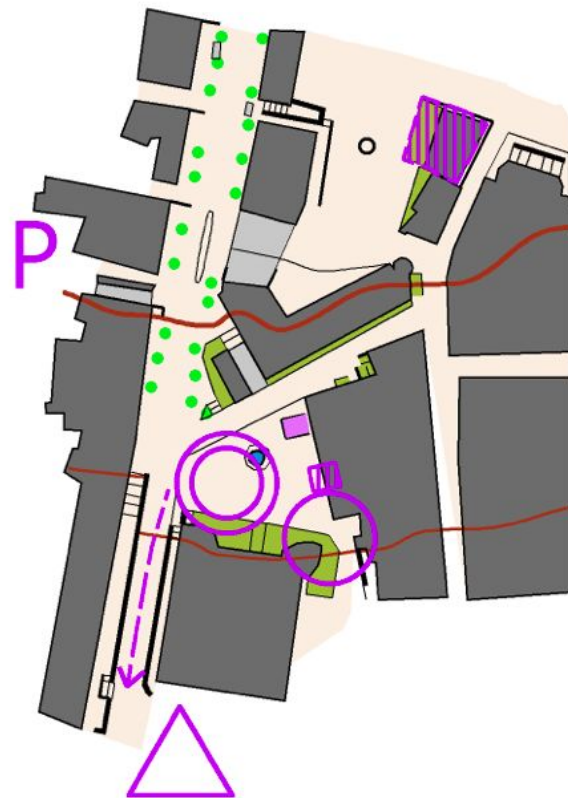
Race type: sprint

Terrain: city centre

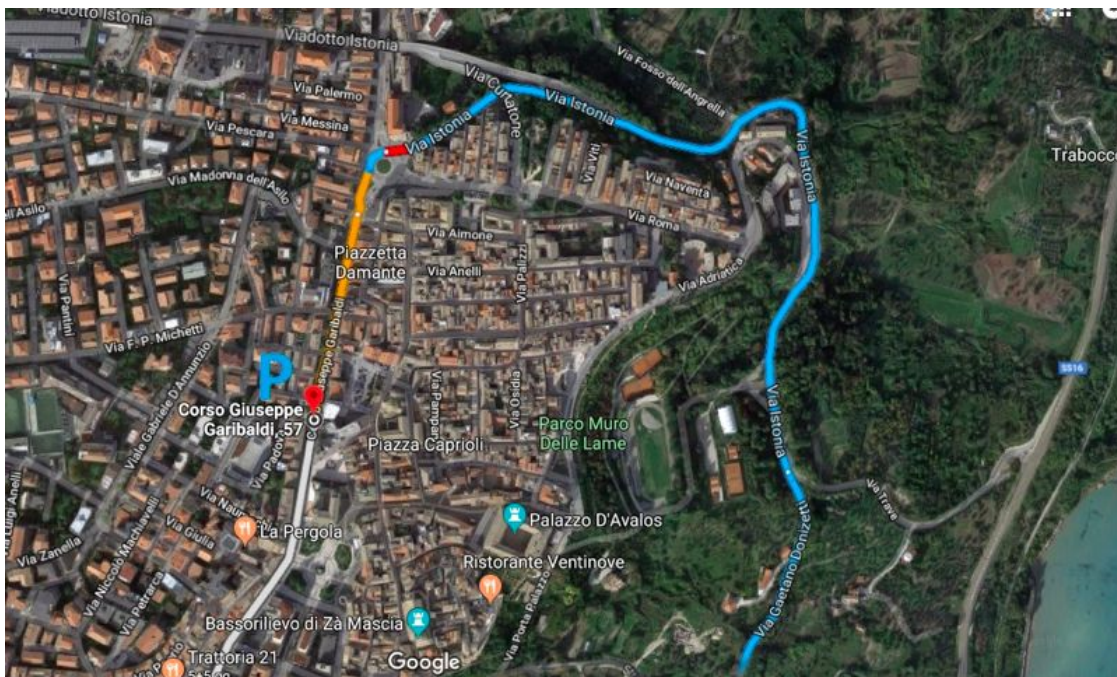
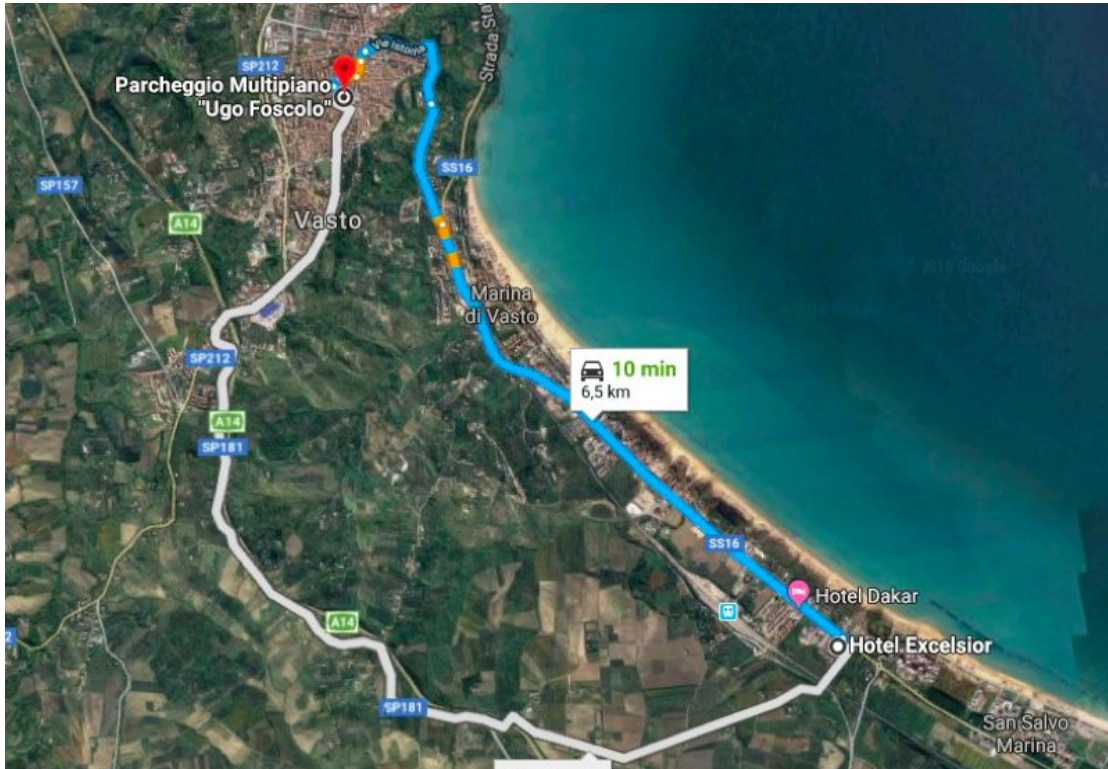
Map scale: 1:4.000 eq. 2,5 mt

First start 16.00

Open ceremony and prize giving at 18.30 in Palazzo D'avalos (Vasto city centre)



Bus departure from race arena to hotels 19.15



Casalbordino, 02/10/18

Finish will be on the main square of the town: Umberto I square.

Last control will be on the corner of the City Hall.

Start will be on the little square on Via del Forte street, the start will be on the southern part, with the start structures near the rock walls, and the triangle will be on the north of the square.

The bus stop and the parkings will be on the covered-market area in via Alcide de Gasperi

street, (marked with **+** on the map, where runners can leave the baggages to go to the race arena/finish.

From race arena to the start, runners will follow the marked route for 350m.

To go to the start, they will go around the Torre del Casale tower.

Covered-market area in via Alcide de Gasperi coordinates: 42.151532 14.581774

Race arena, 350m from the parking in Piazza Umberto I: 42.150586 14.584873

From arena to start 50m

Race type: sprint

Terrain: city centre

Map scale: 1:3.000 eq. 2,5 mt

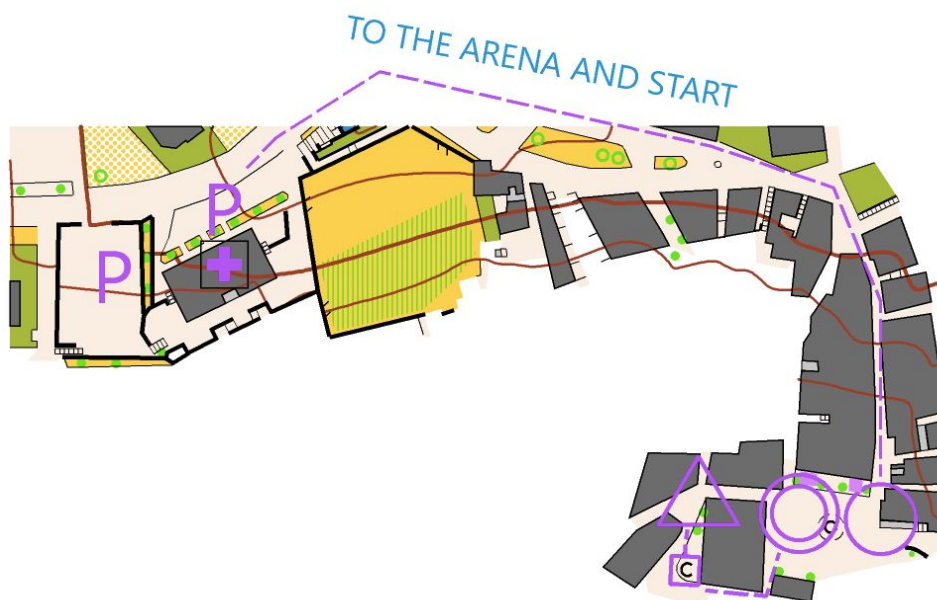
First start 17.30

Prize giving and welcome by authorities 19.30, to follow: party with music, possibility to buy dinner in the restaurants in the square.

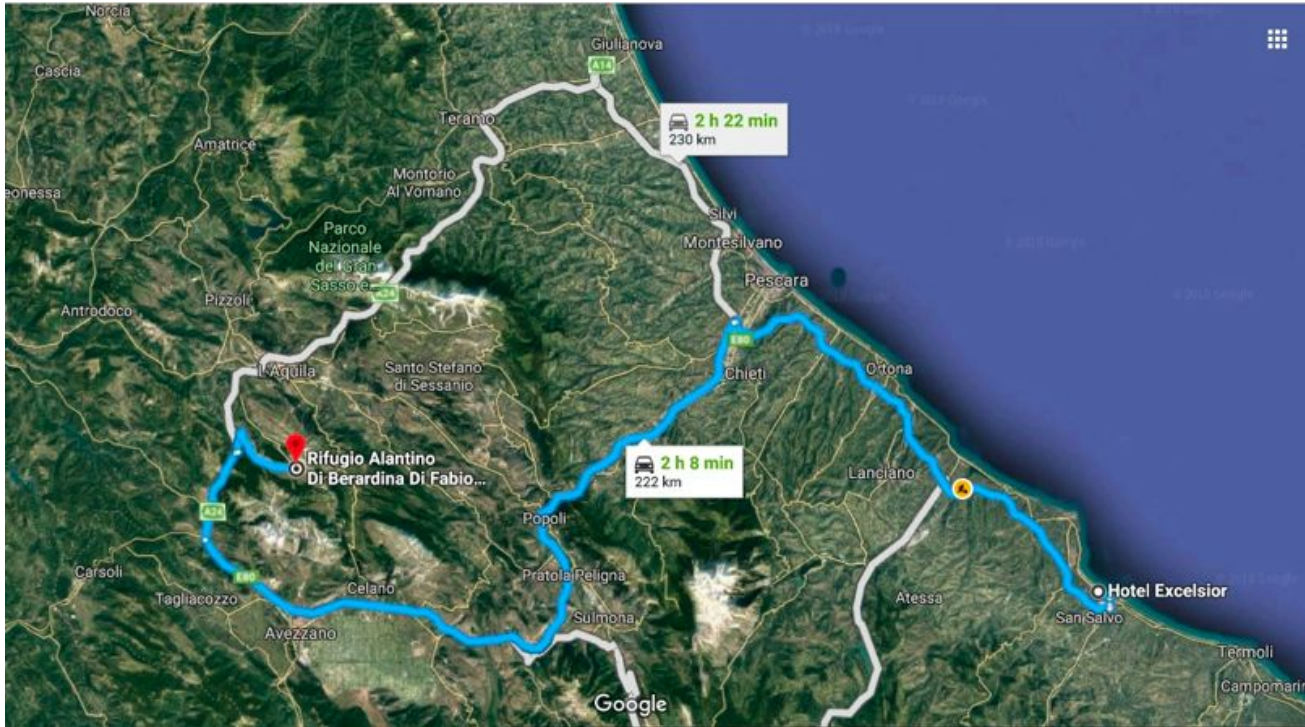
Bus departure from hotel to race arena 15.45

Bus departure from race arena to hotels 21.15

NOTE! For those having the dinner in hotel, for this day dinner will be switched with lunch.



Centomonti, 03/10/18 - morning



Bus departure from hotel to races 06.45

From Event centre Hotel Excelsior to Centomonti it takes about more than 2 hours.

The meeting point will be at Restaurant Rifugio Alantino, which can be used as recovery by the runners. On the area in front of the restaurant there is a big parking of the Cross-country ski centre, where all the runners can park.

The finish will be on the fields in front of the Restaurant (there might be some seasonal fences for the animals to be opened)

The start will be on a path just above a slope above the restaurant.

Coordinates of parking and race arena at Rifugio Alantino: 42.228690 13.415045

From arena to start: 100m

Race type: Middle

Terrain: carsic, open land with lot of hills, knolls and depressions

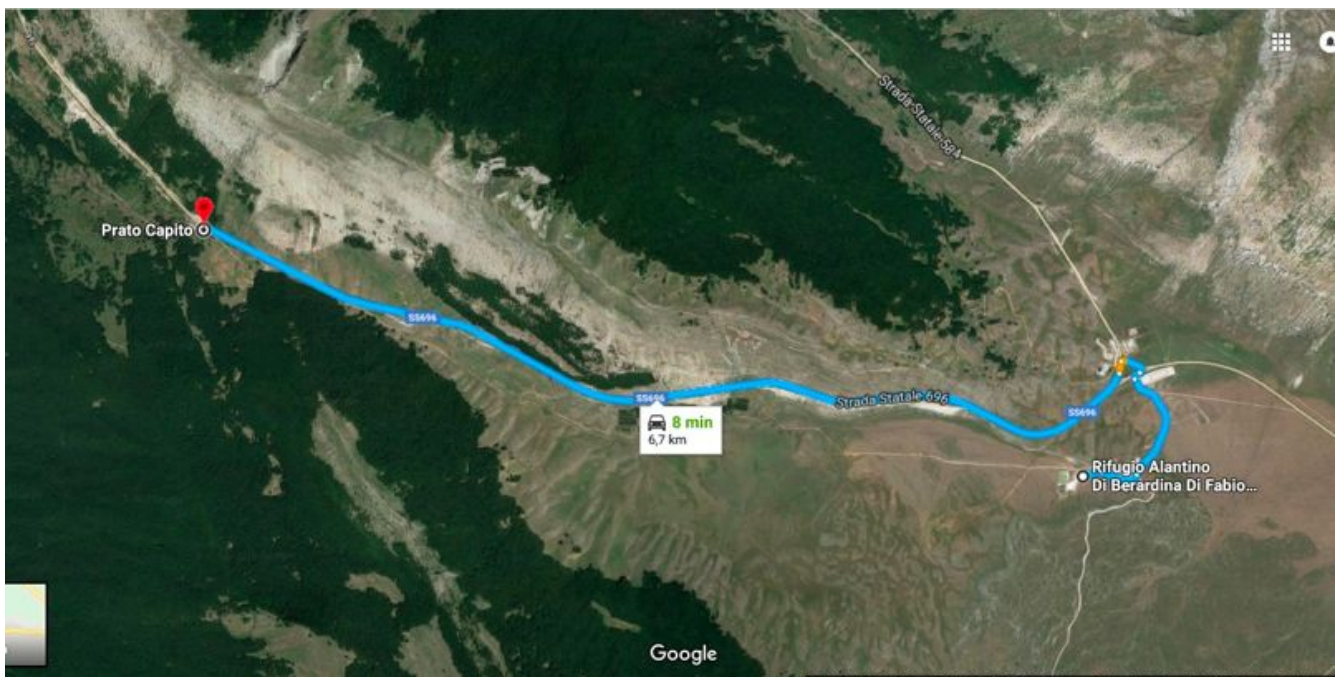
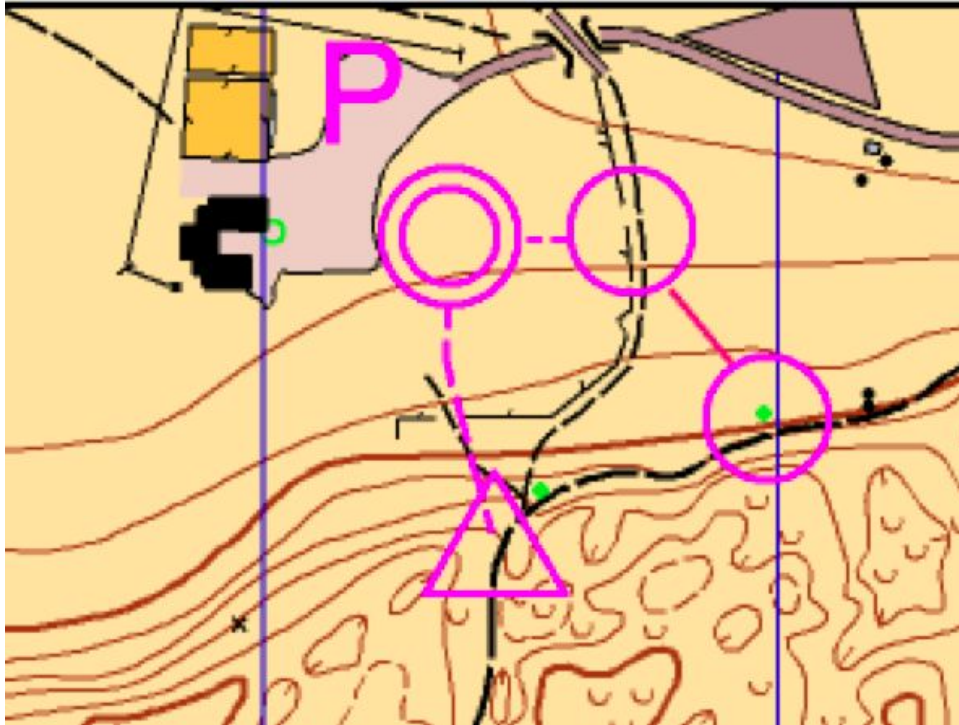
Map scale 1:7.500 eq. 5 mt

First start 10.30

Possibility of lunch for 10€ with lasagna, roasted potatoes, fruit, bread and 0,5L water, at the restaurant of Rifugio Alantino. Pre-booking before 1st October at the EC.

Prize giving ceremony at 13.45 at Rifugio Alantino

14.00 bus transfer to Bosco di Cerasolo



Bosco di Cerasolo - Prato Capito , 03/10/18 - afternoon

Buses will depart from Centomonti to Prato Capito and will drive for 10 minutes (6,3km)

Race arena will be at the Prato Capito, nearby the Forestry House.

The same house can be used as baggage deposit by the runners, and also as data-download in case of rain.

Parking will be along SS 696 route, and runners can get off the bus at the finish, following the path which lead to the fields.

Start will be nearby the finish, on the path at the beginning of the forest.

Runners can stay on the fields, north of the finish.

Coordinates parking and race arena at Prato Capito: 42.241436

13.357986

From race arena to start: 100m

Race type: Middle

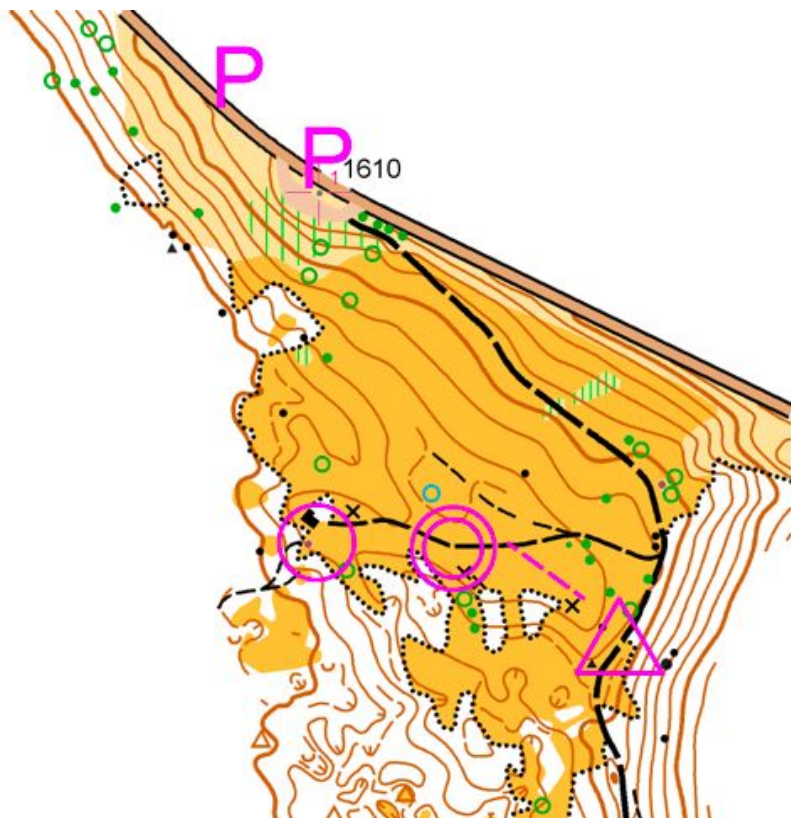
Beech forest

Map scale 1:7.500 eq. 5 mt

15.00 First start

Prize giving will be held after stage 5.

17.00 Bus departure to hotels



Fara San Martino, 05/10/18

Bus departure from hotel to race: 08.00

Meeting point/Race arena at Sorgente del fiume Verde (Verde's river springs)

42° 5' 19.6368" N, 14° 12' 5.1408" E

Address: via San Pietro - Fara San Martino, Chieti

From race arena to the start: 900 mt (15' walking)

Start will be near the primary school of Fara San Martino

Race type: sprint

Terrain: urban

Map Scale: 1:4.000 eq. 2,5 mt

First start 10.30

It will be possible to buy lunch at the race arena, lunch organised by local associations.

10' walking from the race arena, it is possible to admire the Gorges and Monastery of Fara San Martino

Bus departure 14.45 to Roccascalegna (23km, 30' driving)

From 15.30, 30' free time for phot-Orienteering to discover the historical centre, orange flag of Italian Touring Club, one of the best historical centre of Italy, with a panoramic view toward the castle.

At 16.30 we will have prize giving of stage 4, stage 5 and overall.

Bus departure to hotels 17.00 (1 hour driving)